

FELIX T. MAHER, D.M.D.
5302 Frederick Street, Suite 101
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General Dentistry

(912) 352-0546
By Appointment

POST-OPERATIVE INSTRUCTIONS

Care of your mouth after surgery has an important effect on healing. Swelling, discomfort and tightness of the jaw muscles are normal body responses to surgery and should not cause alarm.

Hemorrhage Control: Slight oozing is expected. Continue biting firmly on gauze pack for 45 minutes. If there is continued or renewed bleeding, fold up gauze pad, moisten and bite firmly for 30-40 minutes. Do not spit or rinse your mouth. If bleeding does not stop within 24 hours, please call.

Swelling Control: Swelling of the jaws is to be expected. Application of ice packs on jaw will help minimize the amount of swelling. Apply intermittently for 30 minutes on and 30 minutes off for 4-6 hours.

Control of Discomfort: Some discomfort is to be expected. If medication has not been prescribed for pain, take Tylenol or Motrin every 4-6 hours as needed.

Diet: Skipping meals will add to discomfort and may delay healing. Eat a soft diet and drink plenty of liquids. Ice cream and cream soups are excellent foods for the first day. Avoid hot liquids and using a straw for the first few days.

Oral Hygiene: Brush teeth normally, careful to avoid extraction site. Heavy rinsing should be avoided for the first few days following surgery.

Avoid Smoking Today!

If you have any questions, complications, or significant symptoms persists beyond 48 hours please call the office @ 352-0546, during regular business hours. After hours, Dr. Maher can be reached @ 429-0805.